




BABOR

 **Spa Menu**



Spa Wellness Cinderella

Experience the world of BABOR treatments

Our treatments are the perfect combination of experience and results. Whether you're looking for something revitalizing and uplifting, a more targeted anti-ageing treatment or simply to treat yourself to a bit of me time our highly trained aestheticians will tailor your treatment to your needs to help bring back balance to your skin, body and mind.

Signature Treatment

Sail Away

*Back Massage with Express Facial:
45 minutes*

699:-

Exclusive combination of relaxing back massage to take care of tense, tired muscles followed by skin renewal back scrub. A moisture restoring minifacial completes your treatment experience. This combination leaves you feeling energised and your skin feeling silky soft.

Suitable for all skin types.



Body

Sea Salt Oil Scrub

Body Scrub: 45 minutes

675:–

A skin renewing body scrub with fine mineral salts mixed with a warm rejuvenating body oil to leave your skin soft and nourished.

Choose from the following aromas to suit your mood on the day:

Shaping – *recontouring and firming* – honey floral aroma with orange, mimosa, almond and soft musk.

Energising – *re-energising* aroma of green tea, lime, bergamot and osmanthus.

Relaxing – *de-stressing* aroma blend of liquorice, citrus, lavender, jasmine and pansies.

Balancing – *rebalancing* spicy aroma of warm scent of bergamot, juniper, cypress and cedar tree.

Deep Ocean Massage

Body Massage: 45 minutes

780:–

A deeply relaxing SPA body massage which leaves you with a feeling of wellbeing and grounding.

Gentle energy restoring massage helps to ease your aches and pains focusing the neck and shoulder area and giving extra flexibility to your spine.

Wellbeing Massage

Body Massage: 50 minutes

799:–

50 minutes either sports or classic Swedish massage depending on the areas that need to be worked on. A consultation will take place prior to the treatment to discuss the problem areas.



Slimming Detox

Body Treatment: 45 min

750 SEK

Stimulating anti-cellulite treatment that activates the breakdown of fat deposits while inhibiting fat storage and strengthening the tissue. Your skin regains a smoother, more even surface.

Bath Ritual

Back Massage and Facial: 90 minuter

Singles 1050:- / Couples 1850:-

Skin softening bath – choose from a milk, sea salt or algae bath followed by a back massage and quick power facial.

Ocean Bath Ritual

Massage and Facial: 90 min

Singles 1050:- / Couples 1850:-

Skin softening bath – choose from a milk, sea salt or algae bath followed by a relaxing full body massage to ease aching, tired muscles.

Absolute SPA Ritual

Body Treatment: 90 min

Singles 1250:- / Couples 1990:-

A skin renewing body scrub using fine mineral salts mixed with a warm rejuvenating body oil and a skin nourishing oil or algae bath. A full body massage completes the utter relaxation.



Happy Feet

Foot Massage: 45 minutes

595:-

Relax in restorative foot massage that brings energy to the entire body and gives you profound sense of relaxation and wellbeing. This treatment comes with skin softening exfoliation and you will be totally re-energized after this treatment.

Hands & Feet

Hand and Foot Treatment: 45 minutes

695:-

Re-energizing, pampering spa hand and foot treatment.

This treatment begins with BABOR's Welcome Ritual followed by skin softening hand and arm exfoliation, skin vitalising mask and light massage. Nails and cuticles are treated with a skin repairing balm. Your hands will feel silky soft and protected against premature ageing. Tired, swollen feet are gently treated with warm towels, a foot scrub and light massage.

Face

Captain's Choice

Facial: 45 minutes

695:--

BABOR facial treatment for men that leaves the skin re-energized and restructured, washing away the signs of tiredness and replacing them with a new skin vitality.

The treatment begins with BABOR's Welcome Ritual. After gentle cleansing and skin exfoliation the skin is treated with activating ampoule followed by facial mask and face & scalp massage. The end result is soft, refreshed, smoother looking skin.

Suitable for all skin types.

BABOR Onboard

Facial: 45 minutes

705:--

Classic facial designed to meet your skin's precise needs. Your therapist will carefully select products to give you a tailor-made facial experience. The treatment includes BABOR's Welcome Ritual, Skin Cleanse and Analysis, Vitality Check and BABOR's unique Compress Technique.

Suitable for all skin types.

Dr. BABOR TheraPro Peel

Facial: 45 min

790:--

Effective AHA treatment with fruit acids that effectively exfoliates the skin and stimulates the skin's regeneration process. Adapted individually to your unique skin condition and desired result. Maximum skin regeneration that provides a more even, smoother and healthier skin.

Grand Cru

Facial: 45 minutes

825:--

A luxury anti-aging facial with beautifying Damascus rose elixir that leaves your skin looking youthful.

This treatment begins with BABOR's Welcome Ritual including a warm rose aroma compress. Your aesthetician will do thorough Skin condition analysis, gentle cleansing, rose enzyme-peel, skin activating gel mask, radiance & skin smoothing rose ampoule. Facial massage with repairing rose oil, exclusive sheet mask with Grand Cru rose. Resulting in tighter, softer, more radiant skin.

Suitable for all skin types.

Smoother Sailing

Facial: 45 minutes

825:--

A results driven facial treatment for demanding, more mature skin.

Customized with specific Dr. Babor skin care products to meet your skin's needs; be that maximum regeneration or anti-ageing. Recommended when you want to give your skin a highly effective treatment and a high dose of active ingredients. This treatment repairs, renews and tightens the skin, leaving you looking younger and more radiant.

Suitable for all skin types.

Supreme Glow

Facial: 45 minutes

955:--

Highly effective facial treatment to help skin recover its vitality and youthful glow.

A complete anti-aging facial which treats skin's ageing from many different perspectives: the natural ageing process, environmental damage and emotional stress. Your skin will regain its youthful glow, beauty and even skin tone; leaving it softer to the touch and feeling and looking firmer.

Suitable for all skin types.



Drop in-meny

** Can only be booked on board*

Hand Spa

Nourishing Hand Treatment: 20 minutes

365:–

This treatment begins with BABOR's Welcome Ritual followed by skin softening hand and arm exfoliation, skin vitalising mask and light massage. Nails and cuticles are treated with a skin repairing balm. Your hands will feel silky soft and protected against premature ageing.

Foot Spa

Nourishing Foot Treatment: 20 minutes

365:–

The treatment begins with BABOR's Welcome Ritual followed by a re-energizing foot spa treatment where tired, swollen feet are treated with warm towels, a foot scrub and a light massage.

Bright Eyes

Eye Brow and Eyelash Tint: 30 minutes

380:–

Includes anti-age treatment to rehydrate and reduce puffiness.

The Right Wave

Express Facial: 20 min

385:–

Moisture restoring minifacial.

The treatment begins with BABOR's Welcome Ritual. After gentle cleansing and peeling, a treatment ampoule is generously applied to give your skin a super moisture boost. After a treatment mask fine lines disappear, leaving your skin moisturised and full of vitality and energy. Suitable for all skin types.

Glow with the Flow

Express Facial: 20 min

385:–

Skin awakening minifacial.

The treatment begins with BABOR's Welcome Ritual. After gentle cleansing and peeling a treatment ampoule is generously applied to give your skin a healthy glow and a beautiful even tone. After a treatment mask your skin looks radiant and is protected against premature ageing. Suitable for all skin types.

Destination Relax

Back Massage: 30 minutes

499:–

Gentle, energy restoring massage helps to ease your aches and pains. Focusing on the neck and shoulder area and giving extra flexibility to your spine.

Back Massage

Back Massage: 30 minutes

520:–

Firm neck, back and shoulder massage to alleviate aches and pains. You may choose between Classical Swedish or Deep Tissue Massage Techniques.

Ask us more about shorter treatment options.





Milk Bath & Scalp Massage

Caring Treatment: 20 min

390:–

Nourishing milk bath for silky skin. Milk peptides and thermal water enriched with minerals moisturise the skin while the unique stemcell extract from the rare German Shoal tree adds vitamin C to strengthen and protect the skin.

Sea Salt Oil Bath & Scalp Massage

Caring Treatment: 20 min

390:–

Nourishing, pure sea salt from Canada's pristine salt deposits moisturize and mineralize the skin. Add your choice of spa oil to meet your specific needs – energizing, calming, balancing or stimulating.

Algea Bath & Scalp Massage

Caring Treatment: 20 min

390:–

A detox bath with spirulina algae that stimulates and replenishes the skin's important minerals, trace elements and amino acids. Your skin is deeply moisturised and regains its softness.

Ocean Bath & Scalp Massage

Caring Treatment: 20 min

390:–

Sea salt and natural algae combine to produce a bath that restores the skin's moisture balance and stimulates its metabolism. With mineral salts from Canada's pristine salt deposits which provide the skin with important minerals and spirulina, the purest, most coveted, algae.

Booking and inquiries

Vikingline.se
Vikingline.fi
Vikingline.ax
Vikingline.com

Free admission to Spa facility when booking 45 minutes or longer spa treatment.
We recommend pre-booking due to limited availability.

Bookings by phone:

Sweden: +46 (0)8 452 40 00 When booking by phone, a fee of 50:- will be charged.

Aland Islands: +358 (0)18 262 11

Finland: +358 (0)600 415 77 (2,01 €/call)

Welcome!

We reserve the right to change prices or treatment content.

VIKING LINE SPA
wellness